



Growing
ideas
through
networks

WP 4. Ethical standards

Malta 09 March 2020



Objective. Improve the protection of human subjects in all aspects of research in PPD

- Tasks:

- Identify emerging ethical and legal issues in PPD, related to patient recruitment, sampling, informed consent, sharing of data, biological samples and personal data protection
- Discuss primary ethical concerns in human research and specificities in pregnancy, postpartum and newborn-infants
- Develop and stimulate adherence to ethical guidelines to address the challenges
- Foster the inclusion of women's mental health advocates (e.g. local associations), and practitioners (e.g. midwives) in research ethics committees



Creating a team

- Knowing the expectations of the group members about their participation in the WG
- Defining work duties among members
- Establishing a work calendar
- Exploring the needs from other WG to plan our work and deliver useful products for the Action
- Exploring stakeholders willing to contribute our work.

Tasks

- **Milestones:**
 - WG meetings
 - Local workshops (i per ITC aiming at reaching at least 8 8 ITC members)
 - Satellite talks within the programmed international conferences with stakeholders
- **Deliverables**
 - Report on the emerging ethical challenges in PPD research namely the representativeness of the different stakeholders in current regional ethic committees.
 - Publication addressing the emerging ethical issues, and a patient-information leaflet based of the former



Initial work

- Stating the fundamental ethical principles and legislation in all possible domains of PPD research
 - Involvement of women, children and partners
 - Data management
- Identifying potential intercountries differences
- Local workshops
 - Content
 - Experts
 - Calendar and localization .

WG work. Period September 2019 to March 2020

- Workshop preparation
 - Identifying the topic and COST members suggestions
 - Identifying speakers
- Discussion on emerging issues
 - Exploring ethical contents in protocols and clinical guidelines
 - Exploring how maternity care performance may impact on mothers mental health
 - How to storage data . Ethical and legal issues



WG work. Period September 2019 to March 2020

- Proposal for next Workshops
 - Turkey. Ethical challenges in clinical trials
 - Israel. Ethical issues related to the collection and storage of big data

WG work. March 2020. Challenges

- Involvement in other WG work
- Involvement of other WG members in WG4 work

WG work. March 2020. Challenges

- Involvement in other WG work
 - One representative from WG4 to collaborate with WG6
- Involvement of other WG members in WG4 work
 - Establishing calendar for online meetings and invite other WG to participate
 - 1 zoom meeting /month to talk about on-going work, new proposals, new ethical dilemmas....



Workshop I. How to Approach Ethical Issues in PPD

- **Mapping out emerging ethical issues**
- **Women's perspectives**
- **Identifying ethical issues in patient data handling and processing:
How to establish best practices**

WG work. March 2020. Challenges

- Agreements on deliverables achieved March 9th
 1. Report on the emerging ethical challenges in PPD research
 - Including common and specific recommendations for all Action work
 - Prevention and treatment strategies
 - Assessment approaches and methods
 - Neuroimaging and neurophysiological data
 - Data sharing and management
 - Methodology:
 - Brainstorming: questions to find out topics and structure of the document
 - Agreement: topics to be included
 - Literature review
 - Elaborate recommendations for clinicians and women (2 documents)

WG work. March 2020. Challenges

- Agreements on deliverables achieved March 9th
- 2. Periodical virtual meetings
 - WG members and COST Action members will be invited to promote collaborative work
 - One virtual meeting/month
- 3. Inter-countries variations. Analysis of Clinical guidelines/protocols and ethical components.
 - To find out how ethical issues are incorporated or not.
 - Potential recommendation to include ethical considerations in all documents

WG work. March 2020. Challenges

- Agreements on deliverables achieved March 9th
- 4. Ethical issues in maternity care performance. Impact on perinatal mental health
 - Literature review
- 5. Preparing next workshops
 - Turkey. Ethical challenges in clinical trials
 - Israel. Ethical issues related to the collection and storage of big data

Summary

WG 4. Ethical Standards

